

## Press Release

**Regal Petroleum plc**  
("Regal" or the "Company")

**22 January 2010**

**Sale of Shares by Directors**

The Company has today been notified that the directors of the Company set out below, sold, on 21 January 2010, an aggregate of 860,417 ordinary shares of 5 pence each in the capital of the Company ("Ordinary Shares") at an average price of approximately £0.7675 each, primarily to cover exercise costs, tax and national insurance relating to the Long Term Incentive Plan Awards ("LTIP Awards") exercised by such directors on 20 January 2010.

Further details of such sales, together with these directors' holdings of Ordinary Shares, their respective percentage of the issued Ordinary Share capital of the Company, and their remaining holdings of LTIP Awards are as follows:-

<b>Director</b>	<b>Number of Shares Sold</b>	<b>Resultant Holding of Shares</b>	<b>Percentage of Issued Share Capital</b>	<b>Holding of LTIP Awards</b>
Keith Henry	41,667	150,000	0.05	283,334
David J Greer	400,000	510,000	0.16	900,000
Hendrikus Verkuil	229,375	230,000	0.07	383,750
Robert Wilde	189,375	120,000	0.04	533,750
Adrian Coates	-	77,245	0.02	93,334

The above holdings of Ordinary Shares and LTIP Awards represent all interests in Ordinary Shares held by Mr Henry, Mr Greer, Mr Verkuil, Mr Wilde and Mr Coates.

**For further information, please contact:**

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